

1. User Agreement of Online Coaching

By accessing or using Kayvan Seyri's website, you agree to be bound by the terms and conditions of this on-line services agreement. This is a legally binding agreement between you and Kayvan Seyri. This agreement governs your use of the Kayvan Seyri Internet website . If you do not agree to the terms and conditions set forth below, your sole remedy is to cease your use of this Internet site and related services forthwith.

Legal Disclaimer

Before you begin any exercise program and before you follow any of the advice, instructions, or any other recommendations in this Website, you should first consult with your doctor and have a physical examination. The recommendations, instructions and advice contained within this website and e-mail, are in no way intended to replace or be construed as medical advice. They are offered for information purposes only.

Kayvan Seyri offers no warranties or representations regarding the advice, instructions, e-mail advice or any other information contained in this website.

Kayvan Seyri shall not be liable for any claims, demands, damages, rights of action or causes of action, present or future, arising out of or connected with the use of any of the information contained in this website, including resultant injuries.

USER REPRESENTATIONS

You represent and warrant that you are at least 18 years of age and that you possess the legal right to enter into this Agreement and to use the Kayvan Seyri on-line fitness training, in accordance with this Agreement. You agree to be financially responsible for your use of the Kayvan Seyri on-line fitness training (as well as for the use of your account by others, including minors living with you) and to comply with your responsibilities and obligations, as stated in this Agreement.

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Kayvan Seyri may make changes to the information in this Internet site, or to the services described, at any time without notice. Kayvan Seyri makes no commitment to update this information. It does not constitute an offer to sell, or the solicitation of an offer to buy, any securities and must not be relied upon in connection with any investment decision. Use of Identifying Information.

If you choose to give us personal information, such as your name, address or e-mail address, this information may be used for marketing and promotional efforts by Kayvan Seyri.. Kayvan Seyri does not rent, sell, or distribute this information to other companies.

Taking Your Name Off our Mailing Lists.

Kayvan Seyri adheres to the Direct Marketing Association's guidelines for allowing consumers to voluntarily opt out of database mailing lists. He has established procedures for removing your name and address from any mailings in the future, should you so request. The Direct Marketing Association refers to this process as a "voluntary opt out" option for consumers.

You may request to have your name removed from any future mailings, including catalogues, new product / services announcements, special discount limited time offers, by advising Kayvan Seyri by email or letter.

For this purpose, please use the following contact details:

E-mail: onlinecoaching@ultimatefitpro.com

Call: +447881554636 Mon - Fri. 9 am to 6 pm (GMT time)

Changes to this Policy.

Kayvan Seyri reserves the right to change this policy at any time by providing notice of such modification on his online coaching and/or personal training web site.

Cancellation

After the Initial Membership Term (IMT) concludes, your membership will automatically renew to the same duration of the IMT and continue to renew thereafter, at the end of each term. Members are entitled to permanently cancel these renewals at any time.

Kayvan Seyri will not provide prorated or retroactive refunds. After the Initial Membership Term, you remain financially responsible for the membership fees until notice of cancellation is received.

To cancel your membership by email, send an email to

account@ultimatefitpro.com. In the body of your email, state your intent to cancel and detail your first and last name and the email address that you use to login. Emails will not be opened if they contain an attachment.

7 Day Return Policy for Trial Memberships

You may cancel your on-line training subscription with Kayvan Seyri within 7 days of your trial registration/membership without incurring any fee. Please note that this offer is only applicable for 7 Day Trial memberships. After this initial 7-day period (240 hours), you may not cancel your subscription for the remainder of the initial membership term selected during the registration

process.

30 Day Return Policy

You may cancel your on-line training subscription within 30 days of your initial registration and receive a refund. Please note that this offer is not applicable for 7 Day Trial memberships. However, if you cancel your membership within the first 30 days of your initial registration your credit card will be refunded the membership amount excluding an Early Termination Fee (ETF) of £29.00.

After this initial 30-day period (720 hours), you may not cancel your subscription for the remainder of the initial membership term selected during the registration process.

2.TERMS AND CONDITIONS OF PERSONAL TRAINING

(if applicable)

Your training program is designed especially for you! Whether it includes cardiovascular coaching; weight training; nutritional consulting or additional fitness assessments - it is arranged around your needs and future progress.

Each training session is based upon a 45-60 minute workout. A program comprises a minimum of one session per week: it will help you to commit to your goals and provide motivation and support to reach out to new fitness objectives.

Benefits

Participation in a regular program of physical activity has been shown to produce positive changes in a number of organ systems. These changes include enhanced working capacity, improved cardiovascular efficiency and increased muscular strength, flexibility, power and endurance.

Conditions (applicable on one to one personal training only)

- Cancellations on must be made 24 hours in advance or the full session will be charged. For sessions commencing on Mondays, cancellation must be notified to Mr. Seyri by Saturday before 6 pm.
- Sessions will begin and end at the appointed hour: if you are late, the session will still end at the arranged time.
- Programs comprise a minimum of 1 training sessions a week, 4 training sessions a month.
- Accounts must be settled within 7 days.
- Payment could be made cash or by direct bank transfer if you prefer.
- Major Credit Cards also accepted but there is surcharges of 3.5% apply.

INFORMED CONSENT FORM

I (client) give my consent to a physical fitness evaluation program conducted by Kayvan Seyri (Personal Trainer).

Medical Condition

I (client) declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity or other illness that might prevent participation in exercise or use of equipment or machinery. I have been informed of the need for a physician's approval before beginning physical exercise activities, programs or use of equipment. I acknowledge that I should have a consultation with my physician, regarding my participation in physical exercise, at least once a year.

Risks

I (client) understand that strength, flexibility, aerobic exercises and the use of equipment and machinery (if applicable), are potentially hazardous activities. I also understand that fitness activities can involve risk of injury, including remote risk of death or serious disability. I am voluntarily participating in these activities.

Testing and Evaluation Results

I (client) understand that I may undergo initial fitness assessment to determine my current physical fitness status. The test will comprise cardiovascular, muscular and body composition analysis.

Please note that by clicking the box on the web site You (client) are agreed to the terms and conditions of Kayvan seyri personal training and/or online coaching service.